

Athletic Clearance
Frequently Asked Questions

When do I need to get my student cleared?

Parents/guardians must complete athletic clearance **before** students may tryout, practice and compete.

I already completed clearance forms on Sportsnet last year. Do I have to do it again for the current school year?

Yes, athletic clearance forms must be completed once every school year.

For returning athletes, physicals that have not expired, and are on file in the Health Office, do **not** need to be resubmitted.

My student is an incoming freshman. Where do I find her/his student ID# to initially register on Sportsnet?

Incoming students receive their student ID# on the Infosnap letters from the district. If you did not receive yours, contact the District Office and ask for Student Services.

Does my student need to have athletic clearance for summer conditioning?

Yes, athletic clearance must be completed prior to participating in summer conditioning & for the upcoming school year.

I've completed the forms & submitted the physical. Now what?

You will receive an automated email shortly from Sportsnet stating your student has been cleared. If there are issues with clearance, it will be stated in the email. If you have not received the email, contact the Health Aide.

Can my student participate in athletics if he/she doesn't have medical insurance?

No, but you can purchase accident insurance through Myers-Stevens & Toohey & Co., Inc. Contact the Health Aide if you are interested.

Where do I get a physical form?

You may download & print the form on Sportsnet. Physical forms are also available in the Health Office.

My student's next physical exam is scheduled after the last physical will expire. Can my student still participate?

No, but you may submit a Dr.'s note to Sportsnet or the health office stating the student is cleared for athletics until their next physical. This will cover the time in between.

Does the district/school offer physicals for student-athletes?

SMUHSD offers an annual low-cost physical event at Burlingame High School in May. Contact the Athletic Trainer for more info.

I need to update my information on Sportsnet but it will not allow me to.

Once your student has been cleared, you are no longer able to make changes. You must contact the Health Aide to grant you access to update information.

The coach told my student he/she does not have consent to play a sport. How do I give consent?

Log into SportsNet and add desired sport to "Authorized Sports".

How do I find out when tryouts are?

Please visit the CHS official athletic website or contact the Athletic Director