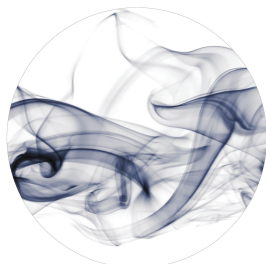


# Substance Use Support and Restorative Justice Programs for Students

The following programs will be offered virtually beginning the week of September 14, 2020:



## Vaping Awareness Prevention and Education (VAPE)

SMUHSD is offering small group sessions in an effort to increase our students' knowledge surrounding the harmfulness of vaping and to empower conversation to support awareness about nicotine use.

- Ongoing group enrollment
- Group sessions will run on Mondays for two weeks, 3:30 - 5 p.m. via Zoom



## Substance Use Program (SUP)

This group provides the opportunity to enhance critical thinking, inform decision making, raise awareness and foster ambivalence towards substance use.

- Ongoing group enrollment
- Group sessions, via Zoom, will run on Tuesdays or Wednesdays for four weeks, 3:30 - 5 p.m.



## Brief Intervention (BI)

Brief Intervention (BI) is a counseling intervention for students identified with low level substance abuse, a short history of drug use, ambivalence about changing their drug use, and experiencing few problems with their drug use.

- Ongoing enrollment
- Two brief one-on-one sessions via Zoom will be scheduled with a trained professional based on student's availability, with options for additional sessions and an optional, encouraged parent session.

## More Information

Tupe Referral/Information Form: [www.smuhsd.org/tupe-referral](http://www.smuhsd.org/tupe-referral)

Questions? Contact Laura Adams, TUPE Coordinator, at [LAdams@smuhsd.org](mailto:LAdams@smuhsd.org).

For more resources and referrals in the community, please contact our partner Care Solace at (888) 515-0595 or visit [www.caresolace.com/smuhsdfamilies](http://www.caresolace.com/smuhsdfamilies).