

It's Your Turn to Get the COVID-19 Vaccine!

Join your friends and family – they've gotten the vaccine.
Once you're vaccinated, it will be safer and easier for you to...



Attend sporting events.

**Hear your favorite
bands... in person!**



**Travel around California
and the world.**

Play team sports.



**Hang out and even sleep
over at friends' homes.**

Hug your grandparents.



**Catch up with friends at
the local boba tea shop.**

Cook and eat together.



Vaccines are Free and Available

You no longer have to wait your turn – vaccines are free and available to all, even if your family doesn't have health insurance.

Don't Wait. Vaccinate!

Contact your health care provider or explore options at bit.ly/SMCvaccine.



Is That True?

COVID-19 Vaccine Myths vs. Facts

MYTH: COVID-19 vaccines are not safe for kids my age.

FACT: COVID-19 vaccines have been tested in large diverse groups of people. They have been reviewed and approved by many scientific and public health groups. Plus, the drop in case rates show they are working!

MYTH: The vaccine will give me COVID-19.

FACT: The vaccines do not contain live viruses and cannot give you COVID-19. Instead, they help your body produce antibodies to fight off the COVID-19 virus.

MYTH: The side effects from getting the vaccine are dangerous.

FACT: Side effects such as sore muscles, fatigue, or fever are normal signs that your body is building protection against COVID-19. They are often mild and typically go away in a few days.

MYTH: The vaccines cause infertility and change my DNA.

FACT: There is no scientific evidence that the vaccines can cause infertility. The vaccines help your body produce antibodies and do not change your DNA.

MYTH: I don't need the vaccine if I already had COVID-19.

FACT: Even if you already got sick from COVID-19, you can still get it again. There is not enough information to say for how long you may be protected from getting infected again, so getting your vaccine will provide you with better protection.

Don't Wait. Vaccinate!

Learn more about COVID-19 vaccines at bit.ly/SMCvaccine.

