



# Join the ODE Parent Project®



Find answers to your parenting questions

## Do you want to build a stronger relationship with your kids?

The Parent Project® is a 12-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. *All classes are free!*

### Sign up for the Parent Project® and get:

- Resources to help you and your kids
- Tools to increase your child’s success and attendance at school
- Tips to improve communication with your child
- Strategies to prevent their use of alcohol or drugs
- Practical tools that work for your family

*Dinner and childcare provided!*  
Childcare limited to first 20 children who sign up, ages 3-15, potty trained.

### DATES

**Classes start:**  
**Wednesday, September 19, 2018**  
5:30 pm – 9:00 pm

Mills High School  
400 Murchison Dr, Millbrae, CA 94030  
**Class dates:**  
9/19, 9/26, 10/3, 10/10, 10/17, 10/24  
11/7, 11/14, 11/28, 12/5, 12/12, 12/19

**Class language:**  
English

### Register in advance:

Vilma G Olivera  
Family Engagement Coordinator  
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