

Career Center Coffee Chat

Class of 2023 Parents



What are our goals today?

- Identify some of your go-to staff members
- Learn what the Career Center has to offer
- Discover ways that the Career Center can help students of all grades
- Brief timeline overview of the high school years for a college bound student
- Not interested in college? We still have help!
- FREE coffee

Who Are These People?

Steve Hanson – College & Fin. Aid Advisor

- College search
- Scholarships
- Naviance
- College visits
- Four year & community college planning
- Financial aid workshops & assistance
- SAT/ACT preparation

Who Are These People?

Nancy Kane – Career Coordinator & Service Learning Coordinator

- Job Opportunities
- Internships
- Volunteer Opportunities
- Work Permits
- Career Searches
- Career Inventories
- Vocational Programs
- Interview skills
- Resume/Cover letters

Who Are These People?

Francisco Gil – Class of 2023 School Counselor & CSF Advisor

Academic counseling

- Course selection & class schedules
- High School Graduation requirements
- “a-g” admission requirements
- Four Year Planning
- Academic Skills
- Communication Skills
- Parent/Guardian meetings
- Facilitate academic based meetings (i.e. SSTs, 504s)

Brief Personal counseling

- Social emotional skills
- Referrals to Wellness Counseling and/or outside agencies

What Do We Offer? How Do We Help?

- College planning (e.g. making college lists, putting your best foot forward, application help, financial aid applications)
- Hosting college rep. visits
- Resume writing
- Job applications/volunteer opportunities
- Classroom presentations

Some Highlights of a Timeline and Other Key Things to Focus on Year to Year



Ninth Grade

- This year sets the ground work for high school success
- Begin to develop study skills and good work habits – a building block for high school
- Start exploring the clubs, extracurriculars, and sports at San Mateo HS and see which activities you really enjoy
- When meeting with your school counselor talk about your long term goals, such as college vs. technical career, and focus on class scheduling that sets you up for those goals (AP vs. more CTE classes, for example)
- Explore some volunteer opportunities



Tenth Grade

- First exposure to practice test with PSAT/Pre-ACT, but don't sweat the details
- First year of grades that count towards A-G GPA
- Begin to really focus on the extracurriculars that interest you (don't stretch yourself thin)
- Begin thinking about AP courses that you may be interested in taking
- Look for volunteer opportunities that interest you
- Get acquainted with Naviance (career interests tests, college research)
- Consider summer opportunities that will help enrich you and expand your interests



Eleventh Grade

- The most important year for college admissions
- Begin thinking about good fit colleges (Nav. & Career Center to help)
- Attend college rep. visits to SMHS
- Continue to do well in your classes
- Stay active with the extracurriculars that most interest you
- Plan to take the SAT or the ACT in the spring
- Begin to find out if your potential schools/majors require subject tests
- In the spring semester begin to think about which teachers you'd like to ask to write your letters of rec.
- Take your AP exams for any AP classes you take
- Attend junior parent night (usually Jan. or Feb.)
- Attend District College Fair (in Oct.)
- Plan enriching summer activities
- Begin to visit colleges

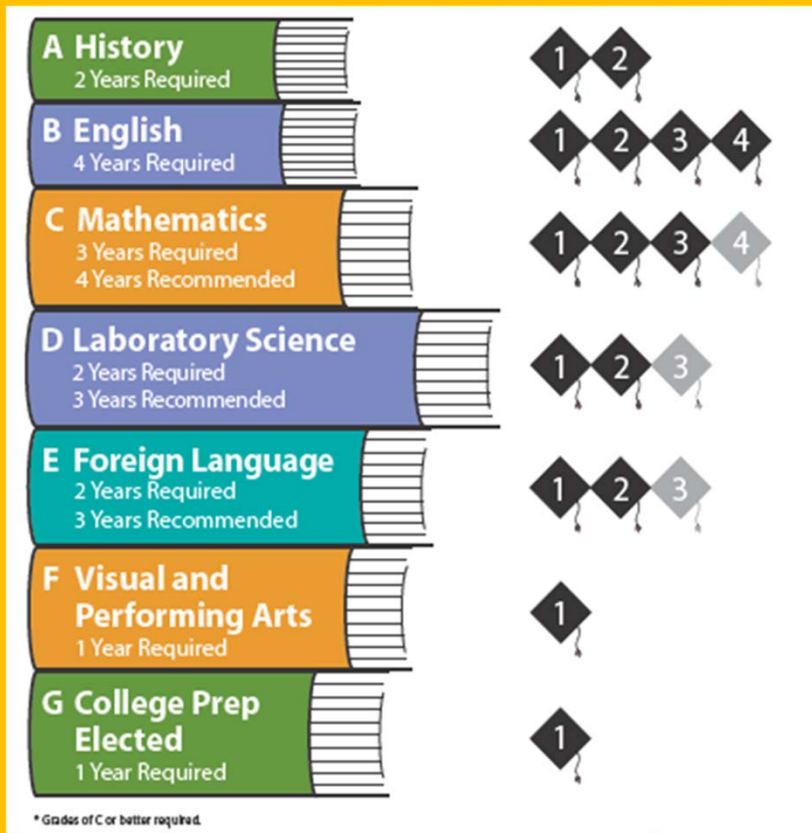


Senior Year

- Continue visiting colleges
- Don't slack off on grades, senior year still counts
- Meet with admission reps. when they visit SMHS
- Attend District College Fair in October
- Apply for financial aid in the fall
- If you need to increase your test scores, take the SAT or ACT again in the fall
- If possible try and visit colleges that you are interested in
- Work on college application essays
- Attend financial aid night presentation in Sep./Oct.



A-G Courses



- Students must earn at least a C- in a course for it to be counted towards meeting requirements
- UC & CSU GPA calculated from 10th & 11th grades
- Freshman year grades don't count for GPA calculation, but still count towards fulfilling requirements
- Some advanced classes will validate previous classes, e.g. a freshman taking third year Spanish and stopping foreign language would be credited with three years even though he or she didn't physically sit through three years at high school

Naviance

HOME OUR SCHOOL STUDENTS FAMILIES ACADEMICS PROGRAMS COUNSELING ATHLETICS

SAN MATEO HIGH SCHOOL

STUDENT PORTAL

Drive extended to November 30

San Mateo High School INCREDIBLE Canned Food Drive 2018

HOME OUR SCHOOL STUDENTS FAMILIES ACADEMICS PROGRAMS COUNSELING ATHLETICS

SAN MATEO HIGH SCHOOL
Once a Bearcat, Always a Bearcat!

SAN MATEO HIGH SCHOOL STUDENT PORTAL

Welcome to the San Mateo High School Student Portal

Canvas

Naviance

Google Suite

Newsela

Turnitin

Noredink

Anonymous Alerts

Incredible Canned Food Drive:
November 10-27, Second Harvest

Naviance | Student

Welcome to Naviance Student

Email or Username

Password

Remember me

Forgot your password?

Login

Are you new here?

I'm a guest

I need to register

San Mateo High School
306 N. Delaware Street
San Mateo, CA 94401-1700
p: (650) 558-2399
www.smbhs.smuhsd.org
Privacy Policy

Is your school using Clever?

Login with Clever

Need additional help?

Scattergrams | Applications for San Mateo High School ⓘ

Comparing with ⓘ

