

San Mateo Union High School District

Randall Booker, Superintendent

Kirk Black, Ed.D., Deputy Superintendent Human Resources and Student Services

Yancy Hawkins, CPA, Associate Superintendent Chief Business Officer

Julia Kempkey, Ed.D., Assistant Superintendent of Curriculum and Instruction



Graduated Academic Re-Entry Plan Following a Concussion

Name of Student:

Date of Injury:

Students should slowly re-enter academic activity following the diagnosis of a concussion. A student who is removed from practice or competition for, and subsequently diagnosed with, a concussion will be afforded the following accommodations until he/she is cleared by his/her licensed health care provider.

Administrators, teachers and staff should:

- Offer extended time to take tests;
- Provide written instructions for homework;
- Provide repeated or slow presentation of new information;
- Offer extended time to complete assignments;
- Allow permission for student to attend school half days; and
- Allow a space to take naps at school.
- Allow time to visit school health office for treatment of headaches, when requested;
- Excuse from PE activities until medically cleared and Progressive Activity Program is completed

Other possible accommodations include, if appropriate:

- Seat student near the teacher;
- Avoid distracting stimuli in class;
- Stand near student when giving directions or presenting lessons;
- Present written information in large print;
- Provide modified and/or supplementary materials;
- Provide peer note taker;
- Allow audio, visual or computer equipment to be used;
- Provide visual aids and/or a written outline;
- Break long presentations into shorter segments;
- Shorten/reduce assignments;
- Simplify complex directions
- Give “take-home” tests;
- Give tests orally;
- Encourage use of a highlighter;
- Provide peer assistance with organization and assignments; and/or
- Allow for short breaks between in-class assignments.

A temporary impairment (with an actual or expected duration of six months or less) can be a disability under Section 504 if it is severe enough that it substantially limits a major life activity for a student. The duration (or expected duration) of the impairment and the extent to which it actually limits a major life activity for a student should be the key considerations. The issue of whether a temporary impairment is substantial enough to be a disability must be resolved on a case-by-case basis. When the school has reason to believe that a student has a concussion that substantially limits one or more major life activities, the student should be referred for a determination of eligibility under Section 504

650 North Delaware Street, San Mateo, CA 94401-1732 (650) 558-2299 (650) 762-0249 FAX
Adult School - Aragon - Burlingame - Capuchino - Hillsdale - Middle College - Mills - Peninsula - San Mateo