

# Get excited therapy dogs are coming back!

Join us!  
WEDNESDAY  
MAY 29, 2019  
After school  
12:20-1:10  
ALUMNI ROOM

## PAWS FOR FINALS

Therapy dogs are certified animals trained to comfort people when times are stressful like finals. They have good temperaments, enjoy socializing and welcome gentle petting. Brief visits with therapy dogs can improve well-being by **reducing anxiety, lowering blood pressure, increasing focus and boosting moods.**

Students and staff are welcome to come visit the dogs! If you choose to stop by, here is what you can expect:

- therapy dogs and their owner will be wearing uniforms like vests to show they are on-duty
- small groups of **4-5 students** will be able to interact with a dog at a time
- all food needs to be stored away
- wellness team will be present to assist

