

Last Unit: Nutrition/Physical Fitness	Current Unit: Addiction/Alcohol/Drugs/Tobacco	Next Unit: Sex Education
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="width: 30%;"> <p><u>Mental/Physical Realities</u></p> <ul style="list-style-type: none"> • Experimental • Choices • Peer Pressure </div> <div style="width: 35%; text-align: center;"> <p>is about</p> <p>Starting with the</p> <p>Various Factors of how students can lead positive lives without Drug, Alcohol and Tobacco</p> <p>Resulting in</p> <p>including</p> <p><u>Defined By:</u></p> <ul style="list-style-type: none"> • Education • Supportive family/friends • Sports/Clubs/Work </div> <div style="width: 30%;"> <p><u>Mental/Physical Realities</u></p> <ul style="list-style-type: none"> • Abuse • Addiction • Death </div> </div>		
Focus Question: How do personal choices influence how teens deal with Drugs, Alcohol, Tobacco which can lead to addiction?	Essential Skills: Reading, critical thinking, writing, citizenship	