

San Mateo High

2014 - 2016

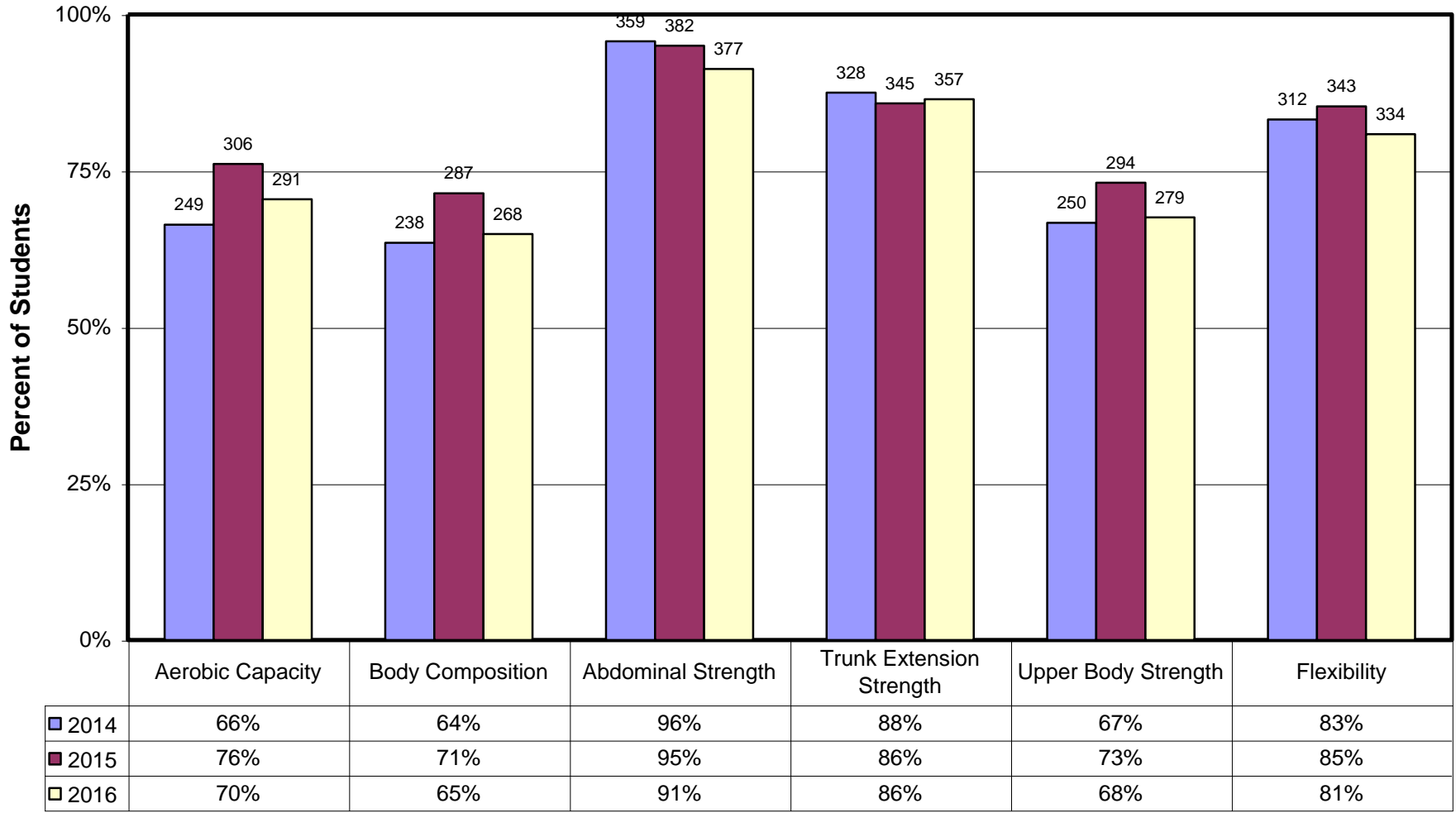
Physical Fitness Test Analysis

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San Mateo High Percent of Students Passing Fitness Tasks-Overall 2014-2016

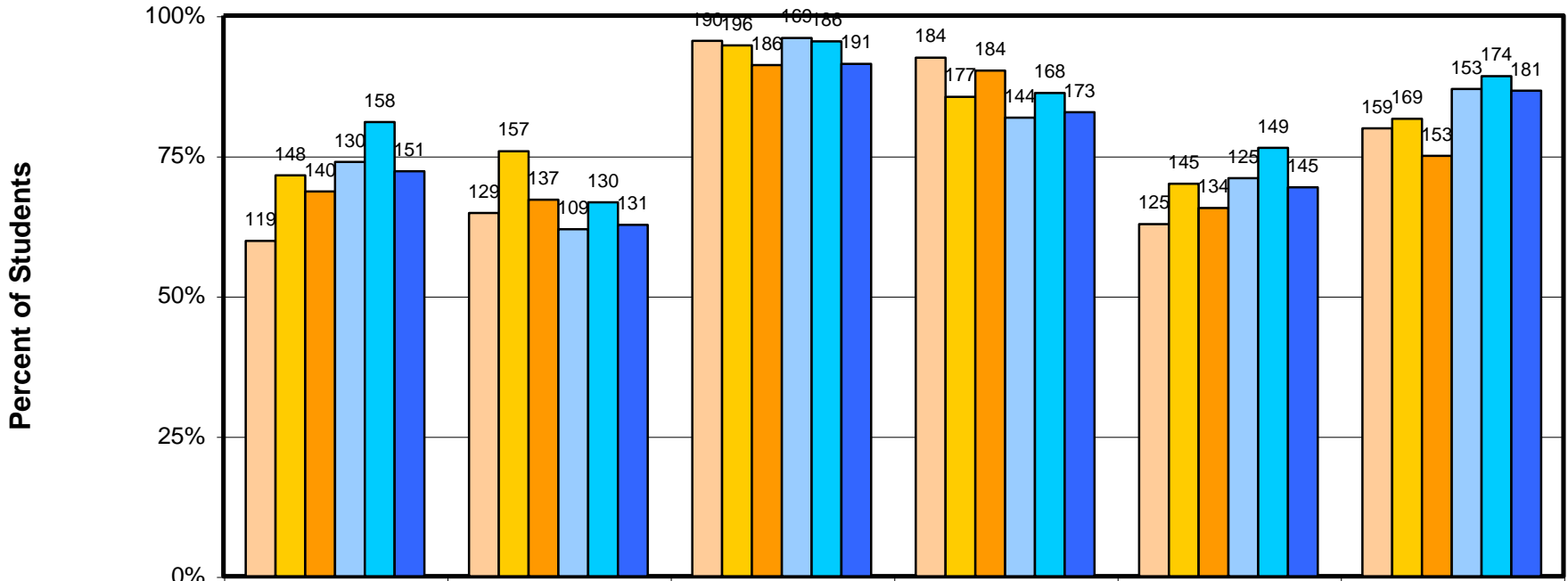
Bar Number = Number of students



Fitness Task

San Mateo High Percent of Students Passing Fitness Tasks-Gender 2014-2016

Bar Number = Number of students

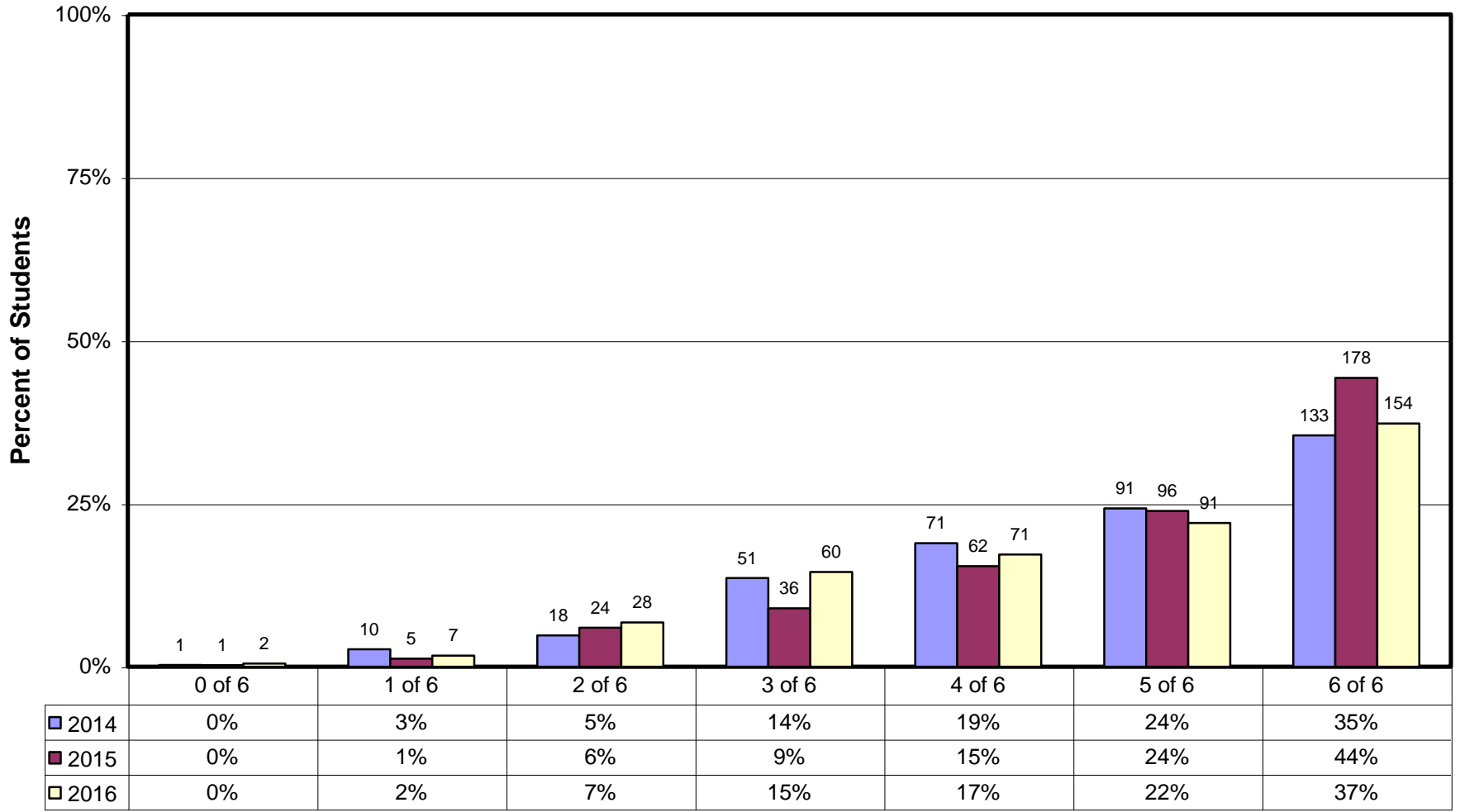


| | Aerobic Capacity | Body Composition | Abdominal Strength | Trunk Extension Strength | Upper Body Strength | Flexibility |
|-------------|------------------|------------------|--------------------|--------------------------|---------------------|-------------|
| Female-2014 | 60% | 65% | 96% | 93% | 63% | 80% |
| Female-2015 | 72% | 76% | 95% | 86% | 70% | 82% |
| Female-2016 | 69% | 67% | 91% | 90% | 66% | 75% |
| Male-2014 | 74% | 62% | 96% | 82% | 71% | 87% |
| Male-2015 | 81% | 67% | 95% | 86% | 76% | 89% |
| Male-2016 | 72% | 63% | 91% | 83% | 69% | 87% |

Fitness Task

San Mateo High Percent of Students Meeting Fitness Standards-Overall 2014-2016

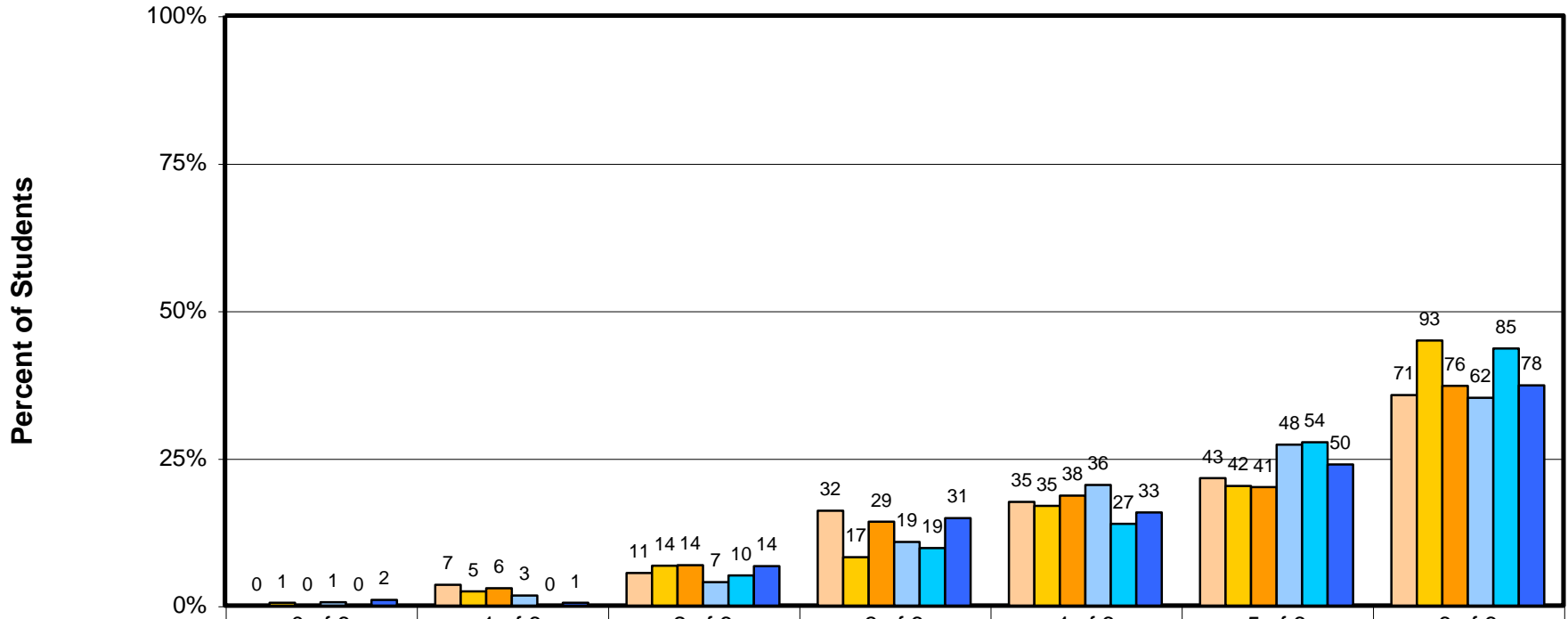
Bar Number = Number of students



Number of Fitness Standards Achieved

San Mateo High Percent of Students Meeting Fitness Standards-Gender 2014-2016

Bar Number = Number of students



| | 0 of 6 | 1 of 6 | 2 of 6 | 3 of 6 | 4 of 6 | 5 of 6 | 6 of 6 |
|-------------|--------|--------|--------|--------|--------|--------|--------|
| Female-2014 | 0% | 4% | 6% | 16% | 18% | 22% | 36% |
| Female-2015 | 0% | 2% | 7% | 8% | 17% | 20% | 45% |
| Female-2016 | 0% | 3% | 7% | 14% | 19% | 20% | 37% |
| Male-2014 | 1% | 2% | 4% | 11% | 20% | 27% | 35% |
| Male-2015 | 0% | 0% | 5% | 10% | 14% | 28% | 44% |
| Male-2016 | 1% | 0% | 7% | 15% | 16% | 24% | 37% |

Number of Fitness Standards Achieved