

San Mateo Union High School District

MEDICAL EMERGENCY INSTRUCTIONS / HEALTH CARE PLAN



Student: \_\_\_\_\_ DOB: \_\_\_\_\_ School Year: \_\_\_\_\_

**PARENT/GUARDIAN INSTRUCTIONS:** As parent/guardian of the above named student, in the event of any emergency, request and instruct the school to **immediately**, as appropriate to the situation:

- Notify Parent/Guardian \_\_\_\_\_  
Phones: Home (\_\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_\_) \_\_\_\_\_ Cell/Pager (\_\_\_\_\_) \_\_\_\_\_
- Notify Parent/Guardian \_\_\_\_\_  
Phones: Home (\_\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_\_) \_\_\_\_\_ Cell/Pager (\_\_\_\_\_) \_\_\_\_\_
- Notify doctor \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_
- Transport to hospital (specify) \_\_\_\_\_

Other instructions:

(I) (We) the parent(s) or guardian(s) of the above-named student, hereby indemnify and hold harmless from any demands, actions, suits, or any liability of any nature or kind, any and all personnel, employees, and agents of said district who may act pursuant to the instruction of the child's physician.

**SIGNATURE OF PARENT/GUARDIAN**

**DATE**

**PHYSICIAN INSTRUCTIONS:** The above named student is currently under my care for (medical condition):

Signs/symptoms indicating a medical emergency are:

Actions to be taken:

**SIGNATURE OF PHYSICIAN/HEALTH CARE PROVIDER**

**DATE**

**NAME & ADDRESS STAMP:  
REQUIRED**

Phone (\_\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

**San Mateo Union High School District  
Authorization for Medication(s) to be Taken During School Hours**

Pursuant to Section 49423 and subdivision (b) of Section 49423.6 of the California Education Code, any pupil who is required to take, during the regular school day, prescribed medication may be assisted by a school nurse or other designated school personnel if both of the following conditions are met: (a) The pupil's authorized health care provider executes a written statement specifying, at a minimum, the medication the pupil is to take, the dosage, and the period of time during which the medication is to be take, as well as otherwise detailing (as may be necessary) the method, amount, and time schedule by which the medication is to be taken. (b) The pupil's parent or legal guardian provides a written statement initiating a request to have the medication administered to the pupil or to have the pupil otherwise assisted in the administration of the medication, in accordance with the authorized health care provider's written statement.

**With the approval of the pupil's authorized health care provider and the approval of the pupil's parent or legal guardian, a local education agency may allow a pupil to carry medication and to self-administer the medication.**

**THE FOLLOWING SECTION IS TO BE COMPLETED BY THE PARENT:** School Name \_\_\_\_\_

Student Name \_\_\_\_\_ Gender \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Last First

Physician/Health Care Provider's Name \_\_\_\_\_ Address \_\_\_\_\_ Telephone \_\_\_\_\_  
( )

**In regards to the medication authorized below by her/his physician/health care provider:**

**I request that my student be assisted in taking the medicine(s) at school by authorized persons:** Yes \_\_\_\_\_ No \_\_\_\_\_

**I request that my student be permitted to carry medication & self-medicate her/himself:** Yes \_\_\_\_\_ No \_\_\_\_\_

I understand that the medication must be in the original pharmacy container, labeled with name of student, prescribing health care provider, and medication; date of the original prescription; strength and dose of medication; and directions for use. If medication is kept at school in the health office, it will be destroyed unless picked up within one week after the end of the school year or end of the medical order. I have read and signed the attached consent (reverse side) to allow designated school personnel to consult with my student's health care provider regarding medication questions. I understand that the medication may be discontinued with written parental request. As parent/guardian of the above-named student, I hereby indemnify and hold harmless from any demands, actions, suits, or liability of any nature or kind, any and all personnel, employees, and agents of the San Mateo Union High School District who may act pursuant to the instruction of my student's health care provider.

\_\_\_\_\_  
Date Signature of Parent/Guardian Home Phone Emergency  
( ) ( )

**THE FOLLOWING SECTION IS TO BE COMPLETED BY THE PHYSICIAN:**

Diagnosis for which medication is given: \_\_\_\_\_

Name of medication: \_\_\_\_\_

Form: \_\_\_\_\_ Dose & route: \_\_\_\_\_

If medicine is to be given DAILY, at what time(s): \_\_\_\_\_

If medicine is to be given WHEN NEEDED, describe indications: \_\_\_\_\_

How soon can it be repeated?: \_\_\_\_\_ Length of time this treatment is recommended: \_\_\_\_\_

List significant side effects of medication: \_\_\_\_\_

**In my opinion, this student shows the capability to carry and self-medicate the above medication:** Yes \_\_\_\_\_ No \_\_\_\_\_

**If necessary, this medication may be safely and appropriately administered by trained unlicensed school personnel:** Yes \_\_\_\_\_ No \_\_\_\_\_ N/A \_\_\_\_\_

Date: \_\_\_\_\_ Signature of Authorized Health Care Provider: \_\_\_\_\_

**Health Care Provider  
Address Stamp (required):**

**SAN MATEO UNION HIGH SCHOOL DISTRICT**  
**AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH INFORMATION**

Completion of this document authorizes the disclosure and/or use of individually identifiable health information, as set forth below, consistent with California and Federal law concerning the privacy of such information. Failure to provide all information requested may invalidate this authorization. I have a right to receive a copy of this Authorization. Signing this Authorization may be required in order for this student to obtain appropriate services at school.

**USE AND DISCLOSURE INFORMATION:**

Patient/Student Name: \_\_\_\_\_  
Last First MI Date of Birth

I, the undersigned, do hereby authorize (name of agency and/or health care providers):

(1) \_\_\_\_\_ (2) \_\_\_\_\_

to provide health information from the above-named student's medical record to and from:

**San Mateo Union High School District**  
School District to which disclosure is made  
**Sara Devaney, Health Services Manager**  
Contact person at School District

**650 North Delaware St., San Mateo, CA 94401**  
Address/City and State/Zip Code  
**650-558-2222 (Confidential Fax 650-762-0250)**  
Area Code and Telephone Number

The disclosure of health information is required for the following purpose:

Requested information shall be limited to the following:  All health information; or  Disease-specific information as described:

**DURATION:** This authorization shall become effective immediately and shall remain in effect until \_\_\_\_\_ (enter date) or for one year from the date of signature, if no date entered.

**RESTRICTIONS:** California law prohibits the School District from making further disclosure of my health information unless the School District obtains another authorization form from me or unless such disclosure is specifically required or permitted by law. I understand that the School District will protect this information as prescribed by the Family Educational Rights Privacy Act (FERPA) and state law and that the information becomes part of the student's education record. The information will be shared with individuals working at or with the School District for the purpose of providing safe, appropriate, and least restrictive educational settings and school health services and programs. *If you move to another School District, records will be transferred automatically to that School District.*

**YOUR RIGHTS:** I understand that I have the following rights with respect to this Authorization: *I may revoke this Authorization at any time. My revocation must be in writing, signed by me or on my behalf, and delivered to the health care agencies/persons listed above. My revocation will be effective upon receipt, but will not be effective to the extent that the School District or others have acted in reliance to this Authorization.*

**APPROVAL:** \_\_\_\_\_  
Printed Name Signature Date

\_\_\_\_\_  
Relationship to Patient/Student

\_\_\_\_\_  
Area Code and Telephone Number